

What's New?

Niihama City

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An American Tradition

Emmy Cho

Thanksgiving Day is the most traveled time of year in the United States. Celebrated on the fourth Thursday in November, it gifts most Americans with a much appreciated 4-day holiday weekend marking the beginning of the holiday season. Families and friends gather from near and far, to share a feast that has its origins as a harvest festival. It's also a time to reflect with gratitude and an opportunity to gastronomically overindulge.

It's believed that the first Thanksgiving meal was shared between pilgrims and Native Americans in 1621 to celebrate the fall harvest. In the years following, it was celebrated mostly in New England, but after 17 years of advocacy by Sarah Joseph Hale, it was declared an official national holiday by President Lincoln in 1863.

But all that history doesn't explain why Americans eat turkey for Thanksgiving. In fact, historians believe the first Thanksgiving meal consisted of venison and wild game. So where did turkey come from? And stuffing and pumpkin pie, for that matter?

Some say that turkey-eating came from an adaptation of the English tradition of eating goose, a large bird that could feed a large number of people. In the Americas, goose was difficult to find and therefore expensive, so in a search for an alternative, many went to turkey, a large bird that was plentiful and could be raised to mature just in time for the holiday. As far as the other fixings are concerned pumpkin pie, mashed potatoes and gravy, we again have to thank Sarah Joseph Hale. As an editor, she published recipes for stuffing and pumpkin pie, forever cementing them into onto our holiday table.

Thanksgiving Day is a good example of how a holiday can give families a way to create their own traditions. I have fond memories of my grandmother's version of a Thanksgiving meal; oven-roasted turkey basted in a dash of soy sauce, margarine-laden mashed potatoes, jellied cranberry sauce, and green beans topped with crunchy onion bits. As kids we happily served ourselves on paper plates, and sat together at the designated table 'kids table' while the adults — cheeks flushed with wine — recounted old stories and laughed at bawdy jokes. They were good times that made for lasting memories. And in the end that's what holidays are truly about; the simple ritual of sharing and being in each other's company. Well, that and eating pie.

My Favorite Pumpkin Pie Recipe taken from Libby's canned Pumpkin

Now you can have pumpkin pie in Japan too.

3/4 C. sugar
1/2 t. salt
1 t. cinnamon
1/2 t. ground ginger
1/4 t. ground cloves
2 eggs, lightly beaten
1 can (15 oz.) canned pumpkin
1 can (12 oz.) evaporated milk



In a bowl combine all ingredients until smooth. Pour mixture into unbaked pie crust. Bake in a preheated, 425 degree oven for 15 minutes. Reduce the heat to 350 degrees and continue to bake another 40-50 minutes, or until a knife inserted into the pie, comes out clean. Cool at least 2 hours before eating. Serve with whipped cream.

Emmy Cho is an American who has been living in Japan for just over a year. She is curious and likes to cook and eat. Find more about of her culinary adventures in Japan at www.youtube.com/user/emmymadeinJapan.

MOVIE

TOHO CINEMAS Niihama (AEON Shopping Center)

October 7 ~	RISE OF THE PLANET OF THE APES	English/Dubbed
October 14 ~	CAPTAIN AMERICA · THE FIRST AVENGER	3D English
October 27 ~	COWBOYS & ALIENS	English
October 28 ~	THE THREE MUSKETEERS	3D English 3D Dubbed
November 11 ~	MONEYBALL	English
November 11 ~	IMMORTALS	3D English
November 12 ~	CONTAGION	English
November 23 ~	ARTHUR CHRISTMAS	3D English

Information Service

Internet: <http://niihama-aeonmall.com>

Tape (24 hrs): 0897-35-3322 (in Japanese)



<Contributed by **Adam Schartup**>

SGG would welcome any suggestions, questions or ideas for monthly articles.

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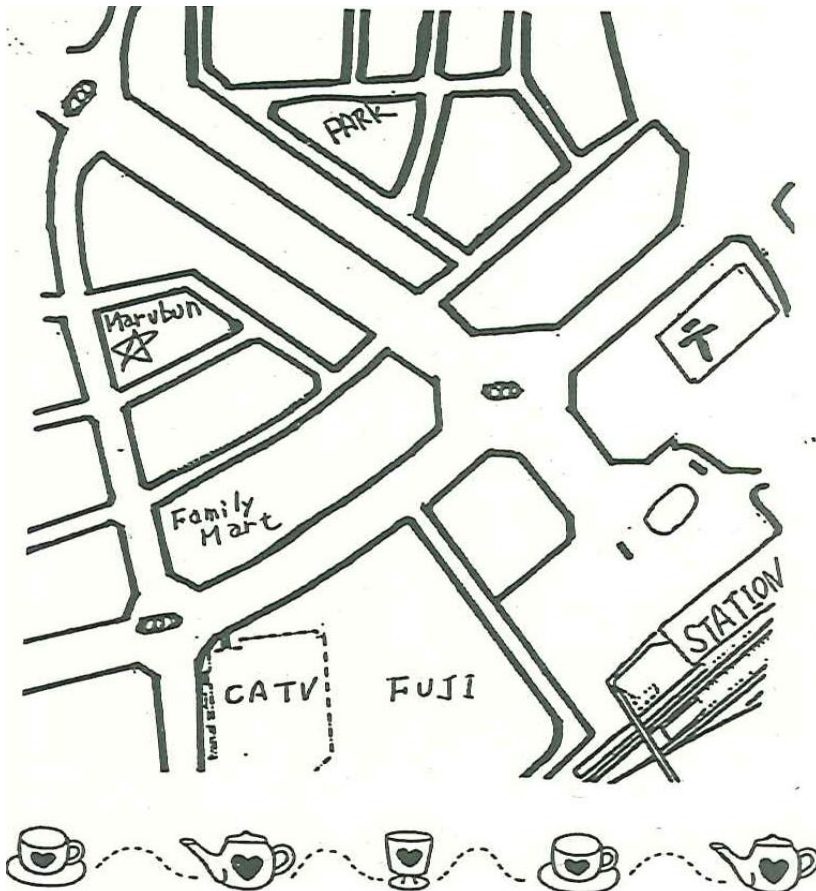
Exploring Restaurants: Western - style



Marubun

by Michael Newlin

This is a very good Italian restaurant with a pizza oven shipped from Italy. It is the only restaurant I know in Niihama that serves Mortadella and anchovies. The pizza and pasta are excellent. Directions: As you leave the train station, turn left. One block down is a Family Mart. Turn right and it is on the right side.



N o v e m b e r Events

- ☆11/6・11/20: **Sunday Market** 7:30-12:00
at the street east to Chuo Koen Park
- ☆11/13 (Sun): **Free Skin Cancer Checkup** 13:00~16:00
at Ishi-kaikan Shonai-cho 4-7-54
Only skin cancer is checked.
- ☆11/13 (Sun): **Harmonica Concert** 12:00-16:00
at Bunka Center Admission free
- ☆11/13 (Sun): **Anti-Disaster Fair** 10:30--15:00
at IEON Mall You can learn how to protect yourself from fire and
you can experience in a special device how scared the earthquake or
smoke is.
- ☆11/20(Sun): **Niihama Products Fair & Cycling** 9:00-16:00
in front of JR Niihama Station
If you come by bike, something nice will be given to you.
- ☆11/27(Sun): **San-san Market** 8:00-14:00 at Noborimichi
- ☆12/4 (Sun): **Winter Festival** 12:00-18:30
at Marine Park Niihama JC:<http://www.niihamajc.jp/>

Recruitment of volunteers For the 22nd Global Party

The Global Party Association is recruiting volunteers for the 22nd annual Global Party (Feb. 12, Sun. 2012). It is planning to prepare various sweets, dancing, music, and other events. If you are interested, please contact Ms. Okame: vasumi@galaxy.ocn.ne.jp TEL: 0897-34-8914.
The first meeting : Fureai Plaza, 10:00 Nov. 20.

You can read on the Web.

***What's New?**

***Garbage and trash Collection Calendar**

***Information living in Niihama**

Click  <http://www.city.niihama.lg.jp/english/>

ONE POINT JAPANESE

いろいろな“とる”

A : どうしたんですか。しんどそうですね。

Dōshitan desu ka. Shindosō desu ne.

(What's wrong? You look very tired.)

B : ええ、ちょっと風邪をひいてしまって・・・。

Ee, chotto kaze o hite shimatte・・・.

(Yeah, I have caught a little cold.)

A : ちゃんと栄養をとっていますか。

Chanto ēyō o totte imasu ka.

(Are you getting enough nourishment?)

B : いいえ、野菜が苦手なので・・・。

Iie, yasai ga nigate nanode・・・.

(No, because I don't care for vegetables.)

A : みかんを食べて、たくさんビタミンCをとるといいですよ。

Mikan o tabete, takusan bitamin C o toru to ī desu yo.

(Eating mandarin oranges and getting a lot of vitamin C is good, you know.)

B : そうしてみます。Sōshite mimasu.

(OK. I'll try it.)

A : 週末、ゆっくり休めば、きっと疲れもとれるでしょう。

Shūmatsu, yukkuri yasumeba, kitto tsukare mo toreru deshō.

(Over the weekend, if you take your time and rest, you will surely get over your fatigue.)

B : 実は、なかなか休みが取れないんです。

Jitsuwa, nakanaka yasumi ga tore nain desu.

(The fact is, it's hard to take a day off.)

A : それは大変ですね。Sore wa taihen desu ne.

(That's terrible.)

じゃ、毎晩早めに寝て、たっぷり睡眠を取らないと・・・。

Ja, maiban hayame ni nete, suimin o tappuri toranai to・・・.

(Then, you have to go to bed early every night and get plenty of sleep...)

B : それが・・・、できないんです。

Sorega・・・dekinain desu.

(Well... I can't do that.)

韓国ドラマにはまってしまって、DVDを見始めたら止まらないんです。

Kankoku dorama ni hamatte shimatte, DVD o mihajimetara tomaranain desu.

(I am hooked on Korean dramas and once I start watching a DVD, I can't stop.)

A : えーっ Ee! (What!)

< by Niihama Nihongo no Kai >

NNK also provides Japanese lessons for foreigners living in Niihama.

Feel free to contact us at: Tel 0897-34-3025 (Manami Miki).

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