

様式集資料 1 ② (中学校)

年 3 月 1 日 月曜日 献立 1

0:通常献立

[ 予定献立表 (日毎) ]

2(中学校)

| 献立名                                       | 牛乳<br>野菜ソテー(5) |      |      |      |      |      |      |      |      |       |       |        |     |     |        | コッペパン(新)<br>かきたまスープ |       |        |       |     |                                   |                           |         |       |            |          |        |     |        |    | 鮭のマヨネーズ焼き |   |  |  |  |  |  |  |  |  |  |  |  |  |  | 1年 | 2年    | 3年    | 4年    | 5年 | 6年 | 特1 | 特2 | 特3 | 特4 | 特5 | 特6 | 職員 | 他 | 合計 | 換算人 |       |         |
|---|----------------|------|------|------|------|------|------|------|------|-------|-------|--------|-----|-----|--------|---------------------|-------|--------|-------|-----|-----------------------------------|---------------------------|---------|-------|------------|----------|--------|-----|--------|----|-----------|---|--|--|--|--|--|--|--|--|--|--|--|--|--|----|-------|-------|-------|----|----|----|----|----|----|----|----|----|---|----|-----|-------|---------|
|   |                |      |      |      |      |      |      |      |      |       |       |        |     |     |        |                     |       |        |       |     |                                   |                           |         |       |            |          |        |     |        |    |           |   |  |  |  |  |  |  |  |  |  |  |  |  |  | 人数 | 1020  | 1020  | 1060  |    |    |    |    |    |    |    |    |    |   |    |     | 3100  | 3100.00 |
|   |                |      |      |      |      |      |      |      |      |       |       |        |     |     |        |                     |       |        |       |     |                                   |                           |         |       |            |          |        |     |        |    |           |   |  |  |  |  |  |  |  |  |  |  |  |  |  | 単価 | 82.28 | 82.28 | 82.28 |    |    |    |    |    |    |    |    |    |   |    |     | 82.28 | 82.28   |
| エネルギー kcal                                | たんぱく質          |      |      | 脂質   |      | 炭水化物 |      | 単糖当量 |      | ナトリウム | カルシウム | マグネシウム | 鉄   | 亜鉛  | ビタミンB1 | ビタミンB2              | ビタミンC | 食物繊維総量 | 食塩相当量 | 熱加工 | 食品名                               | 一人分量                      |         | 使用量   | 業者         | 単価       | 金額     | 備考  |        |    |           |   |  |  |  |  |  |  |  |  |  |  |  |  |  |    |       |       |       |    |    |    |    |    |    |    |    |    |   |    |     |       |         |
|   | g              | g    | g    | g    | g    | g    | g    | g    | mg   | mg    | mg    | mg     | mg  | μg  | mg     | mg                  | mg    | g      | g     | g   |                                   | 個付                        | 単位      |       |            |          |        |     | g      | 単位 | 円         | 円 |  |  |  |  |  |  |  |  |  |  |  |  |  |    |       |       |       |    |    |    |    |    |    |    |    |    |   |    |     |       |         |
| 138                                       | 6.8            | 6.8  | 0.0  | 7.8  | 7.8  | 0.0  | 9.9  | 9.7  | 84   | 227   | 21    | 0.0    | 0.8 | 78  | 0.08   | 0.31                | 2     | 0.0    | 0.2   | *   | A                                 | [牛乳]                      | 1.00    | 本     | 206.00     | 3,100.00 | 本      | 四国乳 |        |    |           |   |  |  |  |  |  |  |  |  |  |  |  |  |  |    |       |       |       |    |    |    |    |    |    |    |    |    |   |    |     |       |         |
| 138                                       | 6.8            | 6.8  | 0.0  | 7.8  | 7.8  | 0.0  | 9.9  | 9.7  | 84   | 227   | 21    | 0.0    | 0.8 | 78  | 0.08   | 0.31                | 2     | 0.0    | 0.2   | *   | A                                 | 牛乳                        |         |       |            |          |        |     |        |    |           |   |  |  |  |  |  |  |  |  |  |  |  |  |  |    |       |       |       |    |    |    |    |    |    |    |    |    |   |    |     |       |         |
| 373                                       | 11.9           | 1.6  | 10.3 | 6.6  | 4.9  | 1.7  | 63.2 | 0.0  | 591  | 73    | 35    | 1.0    | 1.1 | 0   | 0.19   | 0.16                | 0     | 2.5    | 1.5   |     |                                   |                           |         |       |            |          |        |     |        |    |           |   |  |  |  |  |  |  |  |  |  |  |  |  |  |    |       |       |       |    |    |    |    |    |    |    |    |    |   |    |     |       |         |
| 373                                       | 11.9           | 1.6  | 10.3 | 6.6  | 4.9  | 1.7  | 63.2 | 0.0  | 591  | 73    | 35    | 1.0    | 1.1 | 0   | 0.19   | 0.16                | 0     | 2.5    | 1.5   |     | A                                 | [コッペパン(新)]<br>コッペパン(新居浜市) | *       | 1.00  | 個          | 80.00    | -----  |     | 四国物    |    |           |   |  |  |  |  |  |  |  |  |  |  |  |  |  |    |       |       |       |    |    |    |    |    |    |    |    |    |   |    |     |       |         |
| 161                                       | 11.6           | 11.5 | 0.1  | 11.6 | 11.6 | 0.0  | 1.1  | 0.5  | 164  | 13    | 15    | 0.4    | 0.3 | 19  | 0.09   | 0.13                | 16    | 0.1    | 0.4   |     |                                   |                           |         |       |            |          |        |     |        |    |           |   |  |  |  |  |  |  |  |  |  |  |  |  |  |    |       |       |       |    |    |    |    |    |    |    |    |    |   |    |     |       |         |
| 67  | 11.2           | 11.2 | 0.0  | 2.1  | 2.1  | 0.0  | 0.1  | 0.0  | 33   | 7     | 14    | 0.3    | 0.3 | 6   | 0.08   | 0.11                | 1     | 0.0    | 0.1   | *   | A                                 | さけ 50g                    | 1.00    | 切     | 50.00      | 3,100.00 | 切      | 中村蒲 |        |    |           |   |  |  |  |  |  |  |  |  |  |  |  |  |  |    |       |       |       |    |    |    |    |    |    |    |    |    |   |    |     |       |         |
| 0   | 0.0            | 0.0  | 0.0  | 0.0  | 0.0  | 0.0  | 0.0  | 0.0  | 0    | 0     | 0     | 0.0    | 0.0 | 0   | 0.00   | 0.00                | 0     | 0.0    | 0.0   | *   |                                   |                           |         |       |            |          |        |     |        |    |           |   |  |  |  |  |  |  |  |  |  |  |  |  |  |    |       |       |       |    |    |    |    |    |    |    |    |    |   |    |     |       |         |
| 0   | 0.0            | 0.0  | 0.0  | 0.0  | 0.0  | 0.0  | 0.0  | 0.0  | 51   | 0     | 0     | 0.0    | 0.0 | 0   | 0.00   | 0.00                | 0     | 0.0    | 0.1   | *   |                                   |                           |         |       |            |          |        |     |        |    |           |   |  |  |  |  |  |  |  |  |  |  |  |  |  |    |       |       |       |    |    |    |    |    |    |    |    |    |   |    |     |       |         |
| 0   | 0.0            | 0.0  | 0.0  | 0.0  | 0.0  | 0.0  | 0.0  | 0.0  | 0    | 0     | 0     | 0.0    | 0.0 | 0   | 0.00   | 0.00                | 0     | 0.0    | 0.0   | *   |                                   |                           |         |       |            |          |        |     |        |    |           |   |  |  |  |  |  |  |  |  |  |  |  |  |  |    |       |       |       |    |    |    |    |    |    |    |    |    |   |    |     |       |         |
| 88  | 0.2            | 0.2  | 0.0  | 9.4  | 9.4  | 0.0  | 0.1  | 0.0  | 79   | 2     | 0     | 0.1    | 0.0 | 4   | 0.00   | 0.01                | 0     | 0.0    | 0.2   | *   | A                                 | マヨネーズ(卵黄型)                |         |       | 11.70      | 36.27    | Kg     | 松宮  |        |    |           |   |  |  |  |  |  |  |  |  |  |  |  |  |  |    |       |       |       |    |    |    |    |    |    |    |    |    |   |    |     |       |         |
| 2   | 0.1            | 0.1  | 0.0  | 0.1  | 0.1  | 0.0  | 0.1  | 0.0  | 1    | 3     | 0     | 0.0    | 0.0 | 1   | 0.00   | 0.00                | 0     | 0.0    | 0.0   | *   | A                                 | 調理用普通牛乳                   |         |       | 2.60       | 8.06     | Kg     | 四国乳 |        |    |           |   |  |  |  |  |  |  |  |  |  |  |  |  |  |    |       |       |       |    |    |    |    |    |    |    |    |    |   |    |     |       |         |
| 3   | 0.1            | 0.0  | 0.1  | 0.0  | 0.0  | 0.0  | 0.7  | 0.5  | 0    | 1     | 1     | 0.0    | 0.0 | 8   | 0.01   | 0.01                | 15    | 0.1    | 0.0   | *   |                                   |                           |         | 9.10  | 31.34      | Kg       | 青果     |     |        |    |           |   |  |  |  |  |  |  |  |  |  |  |  |  |  |    |       |       |       |    |    |    |    |    |    |    |    |    |   |    |     |       |         |
| 20  | 1.1            | 0.0  | 1.1  | 0.7  | 0.5  | 0.2  | 3.2  | 1.7  | 85   | 75    | 10    | 1.0    | 0.2 | 92  | 0.05   | 0.05                | 32    | 1.4    | 0.2   |     |                                   |                           |         |       |            |          |        |     |        |    |           |   |  |  |  |  |  |  |  |  |  |  |  |  |  |    |       |       |       |    |    |    |    |    |    |    |    |    |   |    |     |       |         |
| 10  | 0.6            | 0.0  | 0.6  | 0.1  | 0.0  | 0.1  | 2.4  | 1.6  | 2    | 20    | 6     | 0.1    | 0.1 | 2   | 0.02   | 0.01                | 19    | 0.8    | 0.0   | *   |                                   |                           |         | 45.50 | 165.94     | Kg       | 青果     |     |        |    |           |   |  |  |  |  |  |  |  |  |  |  |  |  |  |    |       |       |       |    |    |    |    |    |    |    |    |    |   |    |     |       |         |
| 5   | 0.5            | 0.0  | 0.5  | 0.1  | 0.0  | 0.1  | 0.8  | 0.1  | 5    | 55    | 4     | 0.9    | 0.1 | 85  | 0.03   | 0.04                | 13    | 0.6    | 0.0   | *   |                                   |                           |         | 32.50 | 118.54     | Kg       | 青果     |     |        |    |           |   |  |  |  |  |  |  |  |  |  |  |  |  |  |    |       |       |       |    |    |    |    |    |    |    |    |    |   |    |     |       |         |
| 5   | 0.0            | 0.0  | 0.0  | 0.5  | 0.5  | 0.0  | 0.0  | 0.0  | 0    | 0     | 0     | 0.0    | 0.0 | 5   | 0.00   | 0.00                | 0     | 0.0    | 0.0   | *   | A                                 | 無塩バター                     |         |       | 0.65       | 2.02     | Kg     | 旭食品 |        |    |           |   |  |  |  |  |  |  |  |  |  |  |  |  |  |    |       |       |       |    |    |    |    |    |    |    |    |    |   |    |     |       |         |
| 0   | 0.0            | 0.0  | 0.0  | 0.0  | 0.0  | 0.0  | 0.0  | 0.0  | 78   | 0     | 0     | 0.0    | 0.0 | 0   | 0.00   | 0.00                | 0     | 0.0    | 0.2   | *   |                                   |                           |         | 0.20  | 0.62       | Kg       | 旭食品    |     |        |    |           |   |  |  |  |  |  |  |  |  |  |  |  |  |  |    |       |       |       |    |    |    |    |    |    |    |    |    |   |    |     |       |         |
| 0   | 0.0            | 0.0  | 0.0  | 0.0  | 0.0  | 0.0  | 0.0  | 0.0  | 0    | 0     | 0     | 0.0    | 0.0 | 0   | 0.00   | 0.00                | 0     | 0.0    | 0.0   | *   |                                   |                           |         | 0.03  | 0.09       | Kg       | 旭食品    |     |        |    |           |   |  |  |  |  |  |  |  |  |  |  |  |  |  |    |       |       |       |    |    |    |    |    |    |    |    |    |   |    |     |       |         |
| 73  | 5.2            | 4.2  | 1.0  | 3.3  | 3.3  | 0.0  | 5.5  | 2.0  | 395  | 32    | 15    | 1.0    | 0.6 | 123 | 0.07   | 0.19                | 6     | 1.8    | 0.9   |     |                                   |                           |         |       |            |          |        |     |        |    |           |   |  |  |  |  |  |  |  |  |  |  |  |  |  |    |       |       |       |    |    |    |    |    |    |    |    |    |   |    |     |       |         |
| 49  | 4.0            | 4.0  | 0.0  | 3.3  | 3.3  | 0.0  | 0.1  | 0.1  | 46   | 17    | 4     | 0.6    | 0.4 | 49  | 0.02   | 0.14                | 0     | 0.0    | 0.1   |     | A                                 | [かきたまスープ]                 |         |       | 32.50      | 118.54   | Kg     | 友岡  |        |    |           |   |  |  |  |  |  |  |  |  |  |  |  |  |  |    |       |       |       |    |    |    |    |    |    |    |    |    |   |    |     |       |         |
| 5   | 0.1            | 0.0  | 0.1  | 0.0  | 0.0  | 0.0  | 1.1  | 0.7  | 5    | 6     | 3     | 0.1    | 0.1 | 0   | 0.01   | 0.00                | 3     | 0.4    | 0.0   |     |                                   |                           |         |       |            |          |        |     |        |    |           |   |  |  |  |  |  |  |  |  |  |  |  |  |  |    |       |       |       |    |    |    |    |    |    |    |    |    |   |    |     |       |         |
| 3   | 0.4            | 0.0  | 0.4  | 0.0  | 0.0  | 0.0  | 1.0  | 0.1  | 0    | 0     | 2     | 0.1    | 0.1 | 0   | 0.03   | 0.02                | 0     | 0.5    | 0.0   |     |                                   |                           |         |       |            |          |        |     |        |    |           |   |  |  |  |  |  |  |  |  |  |  |  |  |  |    |       |       |       |    |    |    |    |    |    |    |    |    |   |    |     |       |         |
| 4   | 0.1            | 0.0  | 0.1  | 0.0  | 0.0  | 0.0  | 0.8  | 0.5  | 3    | 3     | 1     | 0.0    | 0.0 | 66  | 0.01   | 0.01                | 1     | 0.3    | 0.0   |     |                                   |                           |         |       |            |          |        |     |        |    |           |   |  |  |  |  |  |  |  |  |  |  |  |  |  |    |       |       |       |    |    |    |    |    |    |    |    |    |   |    |     |       |         |
| 1   | 0.0            | 0.0  | 0.0  | 0.0  | 0.0  | 0.0  | 0.5  | 0.0  | 0    | 1     | 1     | 0.1    | 0.0 | 0   | 0.00   | 0.00                | 0     | 0.5    | 0.0   | *   |                                   |                           |         |       | 0.65       | 2.02     | Kg     | 果給  |        |    |           |   |  |  |  |  |  |  |  |  |  |  |  |  |  |    |       |       |       |    |    |    |    |    |    |    |    |    |   |    |     |       |         |
| 3   | 0.3            | 0.0  | 0.3  | 0.0  | 0.0  | 0.0  | 0.4  | 0.0  | 226  | 1     | 2     | 0.0    | 0.0 | 8   | 0.00   | 0.00                | 2     | 0.1    | 0.0   |     | A                                 | パセリ                       |         |       | 1.30       | 4.46     | Kg     | 青果  |        |    |           |   |  |  |  |  |  |  |  |  |  |  |  |  |  |    |       |       |       |    |    |    |    |    |    |    |    |    |   |    |     |       |         |
| 5   | 0.2            | 0.2  | 0.0  | 0.0  | 0.0  | 0.0  | 1.0  | 0.0  | 14   | 0     | 1     | 0.0    | 0.0 | 0   | 0.00   | 0.02                | 0     | 0.0    | 0.0   |     |                                   |                           |         |       |            |          |        |     |        |    |           |   |  |  |  |  |  |  |  |  |  |  |  |  |  |    |       |       |       |    |    |    |    |    |    |    |    |    |   |    |     |       |         |
| 0   | 0.0            | 0.0  | 0.0  | 0.0  | 0.0  | 0.0  | 0.0  | 0.0  | 101  | 0     | 0     | 0.0    | 0.0 | 0   | 0.00   | 0.00                | 0     | 0.0    | 0.3   |     | A                                 | 鶏だし                       |         |       | 1.30       | 4.03     | Kg     | 松宮  |        |    |           |   |  |  |  |  |  |  |  |  |  |  |  |  |  |    |       |       |       |    |    |    |    |    |    |    |    |    |   |    |     |       |         |
| 2   | 0.0            | 0.0  | 0.0  | 0.0  | 0.0  | 0.0  | 0.0  | 0.0  | 0    | 0     | 0     | 0.0    | 0.0 | 0   | 0.00   | 0.00                | 0     | 0.0    | 0.0   |     |                                   |                           |         |       |            |          |        |     |        |    |           |   |  |  |  |  |  |  |  |  |  |  |  |  |  |    |       |       |       |    |    |    |    |    |    |    |    |    |   |    |     |       |         |
| 0   | 0.0            | 0.0  | 0.0  | 0.0  | 0.0  | 0.0  | 0.5  | 0.6  | 0    | 0     | 0     | 0.0    | 0.0 | 0   | 0.00   | 0.00                | 0     | 0.0    | 0.0   |     |                                   |                           |         |       |            |          |        |     |        |    |           |   |  |  |  |  |  |  |  |  |  |  |  |  |  |    |       |       |       |    |    |    |    |    |    |    |    |    |   |    |     |       |         |
| 0   | 0.0            | 0.0  | 0.0  | 0.0  | 0.0  | 0.0  | 0.0  | 0.0  | 0    | 0     | 0     | 0.0    | 0.0 | 0   | 0.00   | 0.00                | 0     | 0.0    | 0.0   |     |                                   |                           |         |       |            |          |        |     |        |    |           |   |  |  |  |  |  |  |  |  |  |  |  |  |  |    |       |       |       |    |    |    |    |    |    |    |    |    |   |    |     |       |         |
| 765                                       | 36.6           | 24.1 | 12.5 | 30.0 | 28.1 | 1.9  | 82.9 | 13.9 | 1319 | 420   | 96    | 3.4    | 3.0 | 312 | 0.48   | 0.84                | 56    | 5.8    | 3.2   | *   |                                   |                           |         |       |            |          |        |     |        |    |           |   |  |  |  |  |  |  |  |  |  |  |  |  |  |    |       |       |       |    |    |    |    |    |    |    |    |    |   |    |     |       |         |
| 830                                       | 35.3           | 17.7 | 17.6 | 23.1 |      |      | 0.0  | 0.0  | 945  | 450   | 120   | 4.0    | 3.0 | 312 | 0.48   | 0.84                | 56    | 5.8    | 3.2   | *   |                                   |                           |         |       | 671.41     |          |        |     |        |    |           |   |  |  |  |  |  |  |  |  |  |  |  |  |  |    |       |       |       |    |    |    |    |    |    |    |    |    |   |    |     |       |         |
| オーバーフロー項目は'###'で印刷されます                    |                |      |      |      |      |      |      |      |      |       |       |        |     |     |        |                     |       |        |       |     | * 熱加工による損耗計算値                     |                           | 税抜き金額合計 |       | 236,175.56 |          | 穀類     |     | 48.8 % |    |           |   |  |  |  |  |  |  |  |  |  |  |  |  |  |    |       |       |       |    |    |    |    |    |    |    |    |    |   |    |     |       |         |
| 一人単価は、献立全体の税込金額を「人数×換算率」で除算し端数を四捨五入したものです |                |      |      |      |      |      |      |      |      |       |       |        |     |     |        |                     |       |        |       |     | * 食品名についている「A」はアレルギー物質が含まれている食品です |                           | 消費税合計   |       | 18,894.02  |          | たん白質   |     | 19.1 % |    |           |   |  |  |  |  |  |  |  |  |  |  |  |  |  |    |       |       |       |    |    |    |    |    |    |    |    |    |   |    |     |       |         |
|   |                |      |      |      |      |      |      |      |      |       |       |        |     |     |        |                     |       |        |       |     | 基準値                               |                           | 税込み金額合計 |       | 255,069.58 |          | 脂質     |     | 35.3 % |    |           |   |  |  |  |  |  |  |  |  |  |  |  |  |  |    |       |       |       |    |    |    |    |    |    |    |    |    |   |    |     |       |         |
|   |                |      |      |      |      |      |      |      |      |       |       |        |     |     |        |                     |       |        |       |     |                                   |                           |         |       |            |          | 動物たん白質 |     | 65.8 % |    |           |   |  |  |  |  |  |  |  |  |  |  |  |  |  |    |       |       |       |    |    |    |    |    |    |    |    |    |   |    |     |       |         |

