

## MOVIE

TOHO CINEMAS Niihama (AEON Mall)

March 6 ~ Judy PG13 English  
 March 13 ~ Onward PG English/Dubbed  
 March 20 ~ Birds of Prey R English/Dubbed  
 (and the Fantabulous Emancipation of One Harley Quinn)  
 R English/Dubbed  
 March 20 ~ Dolittle PG English  
 March 27 ~ Little Women PG English

### Information Service

Internet: <http://niihama-aeonmall.com>  
 Tape (24 hrs.): 050-6868-5019 (in Japanese)

Movies might be changed without notice. Please check.

## March Events

\*Cu Café at Akagane Museum

“Let’s Enjoy Reading Drama”

Date: Friday March 13th 19:00-21:00

“Let’s Think about Persons with Disabilities  
and Barrier-free”

Date: Friday March 27th 18:30

Please order drink or food at Café.

Tel: 31-0305

This newsletter is published by SGG, a volunteer group that helps foreigners living in Niihama. If you need any advice, information, or support, please contact SGG.

SGG would welcome any suggestions, questions, or ideas for monthly articles.

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\*The editors for this month are M.Shimamura & Y.Miki

## ONE POINT JAPANESE

「～ようと懸う・つもり」の使い方

**A : このあいだ、日本語能力試験の結果が発表になりましたね。**

Kono aida, nihongo nōryoku shiken no kekka ga happyō ni narimashita ne.

(The other day, the result of the Japanese Language Proficiency Test was announced, right?)

**どうでしたか。** Dō deshita ka? (How was it?)

**B : N3に合格しましたよ。とてもうれしかったです。**

N3 ni gōkaku shimasita yo. Totemo ureshikatta desu.  
(I passed N3. I was very happy.)

**A : おめでとう ございます。次は N2 を受けますか。**

Omedetō gozaimasu. Tsugi wa N2 o ukemasu ka?  
(Congratulations! Will you take N2 next?)

**B : はい、7月じゃなくて、12月に受けようと思っています。**

Hai, shichigatsu ja nakute, jūnigatsu ni ukeyō to omotte imasu.  
(Yes. I'm thinking of taking it in July rather than in December.)

**A : そうですね。がんばって くださいね。**

Sō desuka. Gambatte kudasai ne.  
(I see. Please do your best.)

**A : グローバルパーティーに行きましたか。**

Gurōbaru pātī ni ikimashita ka?  
(Did you go to the Global Party?)

**B : はい、友達と行きました。**

Hai, tomodachi to ikimashita.  
(Yes, I went with my friends.)

**いろいろなダンスがあって、おもしろかったです。**

Iroiro na dansu ga atte, omoshirokatta desu.  
(It was fun to see many different dances.)

**来年はダンスができるよう、練習するつもりです。**

Rainen wa dansu ga dekiru yō, renshū suru tsumori desu.  
(I intend to practice dancing so that I will be able to dance next year.)

**A : そうですね。楽しみにしています。**

Sō desu ka. Tanoshimi ni shiteimasu.  
(Great! I'm looking forward to it.)

< by Niihama Nihongo no Kai >

NNK also provides Japanese lessons for foreigners living in Niihama.

Feel free to contact us at: Tel 0897-34-3025 (Manami Miki).

e-mail : [manami-m@js6.so-net.ne.jp](mailto:manami-m@js6.so-net.ne.jp)

# What's New?

Niihama City

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# 3



the three deities of bravery, virtue and wisdom

## Inspired by Mt. Ishizuchi

Noella Monteiro

When I was accepted on the JET program and assigned to the then Toyo City in Ehime, I had no idea where Ehime was and did not even know where Shikoku was. So of course I knew nothing about Mt. Ishizuchi and never dreamed that I would ever climb it...especially not 27 times!!!

Having lived in Toyo for several months, and seeing Mt. Ishizuchi from my apartment every morning, when I was invited to climb it I was both excited and nervous. At the time I didn't even own a pair of sneakers let alone climbing boots...and but somehow with a lot of help and encouragement from my fellow-climbers I managed the climb in boat shoes, jeans and a T-shirt.

The climb was tiring, the chains were scary. 'How could people

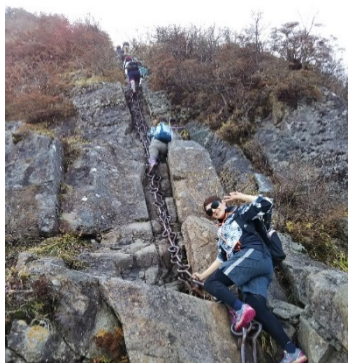
enjoy doing this?!' was my first impression...until I got to the Misen Peak at 1974m. There was a shrine there! And lodging and restaurant facilities! And the view was breathtaking...Matsuyama, Saijo, Niihama, Kochi, the surrounding mountains, the Inland Sea and even the Shima-nami Bridge and of course the big blue sky.

But our climb wasn't over. After a short break I was told that we were going to make the dangerous trek to the real 'top' called Tengudake 1982m high. The highest place in Western Japan. I love heights and risks but this short climb to and from the peak was, and still is, and will always be one of the scariest and most thrilling experiences I've ever had.

The sense of fear and thrill, beauty and achievement I experienced at the top of Mount Ishizuchi has since become an addiction, a sometimes elusive but attainable annual goal. It overrides the muscle aches you get from the climb, and the whole climb especially with the chains is so intense and requires such concentration, that you have no time for stressful thoughts of everyday life. Mundane happenings in your life seem so trivial when you are faced with such vast nature and when the slightest slip could be life threatening.

In addition I always feel a sense of serenity and power at this mountain and its shrines. Ishizuchi is not just the highest mountain in Western Japan...it is also one of Japan's Seven Holy mountains and one of Japan's 100 Famous mountains. The myths and legends surrounding the mountain never cease to fascinate me. The God of this mountain is said to be Ishizuchi Hikono Mikoto, the second son of God Izanagi and Goddess Izanami and an older brother of the famed Sun Goddess Amaterasu Omikami. The God is represented as three deities. Deity of Wisdom Kushimitama (Harvest and Success), Deity of Virtue Nigimitama(Good fortune and health) Deity of Bravery Aramitama(Protection). And if you are lucky you can see and even touch statues of these three deities at the shrine on Misen peak, during the latter part of the ten-day 'Mountain Opening' period from 2<sup>nd</sup> to 10<sup>th</sup> July.

*Noella came to Toyo as an ALT and has experience teaching at nursery schools, elementary schools and junior high schools. She is a car, boat and private plane license holder. When she's not taking pictures of, or climbing Mt. Ishizuchi, she runs marathons, does aerial yoga, does Japanese calligraphy, learns and teaches figure skating and appears on a local FM radio show.*



(To be continued in April issue)

### Online Information in English from Niihama City

☆Garbage Rules:

Go to: [city.niihama.lg.jp](http://city.niihama.lg.jp)



Search: How to sort and put out your trash and garbage"

☆What's New? in English & Chinese



Go to: [city.niihama.lg.jp/soshiki/chiiki/whatsnew2020.html](http://city.niihama.lg.jp/soshiki/chiiki/whatsnew2020.html)

### Multilingual Living Information from Clair:

<http://www.clair.or.jp.tagengorev/en/index.html>

## A Hint for Your Life

### Laughing Improves Your Health

(from Ehime Shimbun April 28, 2019)

Various kinds of research have found that laughing improves your health. Laughing vitalizes your brain activity and brings more oxygen into your body, which leads to better circulation of blood. Other research reports that laughing makes your immune cells more vital, which strengthens your immune system. Why not laugh more in your daily life? Watching TV comedy shows or comedy-dramas is one good idea. Embrace everyday topics such as small failures and share them with your family and friends.

## The 30<sup>th</sup> Annual Niihama Global Party

### "Just One World!"

The Niihama 30<sup>th</sup> Global Party was held at Women's Plaza on February 9<sup>th</sup> with the theme of "Just One World!" 302 guests and organizers from 14 countries took part in the event. The party started with "Yosakoi" Dance by Hamakko Dan Dan. Guests wearing colorful traditional outfits were able to meet people from different cultures and eat various sweets from many countries plus the big special 30<sup>th</sup> Global Party anniversary cake. On stage, various countries' dances such as Indonesian, Balinese and Belly Dance were performed. People enjoyed doing the Cupid Shuffle Dance, Bamboo Dance and Bonsai Exercise by Doi High School. The free flea market was held by Mrs. Barbara Ito.

### The Number of Participants by Nationality:

Nationality	Number
China	3
Germany	1
India	5
Indonesia	45
Korea	1
Libya	2
Malaysia	3
Mongolia	3
Nepal	1
New Zealand	1
The Philippines	5
Taiwan	4
The U.S.A.	5
Vietnam	22
<b>Subtotal</b>	<b>101</b>
Japan	201
<b>Total</b>	<b>302</b>